

# RUNNECA TRAININGS

## Invitation

DATES	19-22.02.2026																									
TRAININGS	<table border="1"><thead><tr><th></th><th>THURSDAY</th><th>FRIDAY</th><th>SATURDAY</th><th>SUNDAY</th></tr></thead><tbody><tr><td><b>Morning</b></td><td>White Hole</td><td>4 seasons</td><td>Juniper Open</td><td>Juniper Open</td></tr><tr><td><b>Location</b></td><td>Kaskantyú</td><td>Bócsa</td><td>Pirtó</td><td>Pirtó</td></tr><tr><td><b>Afternoon</b></td><td>Control-picking training</td><td>Small loops</td><td></td><td></td></tr><tr><td><b>Location</b></td><td>Kaskantyú</td><td>Bócsa</td><td></td><td></td></tr></tbody></table>		THURSDAY	FRIDAY	SATURDAY	SUNDAY	<b>Morning</b>	White Hole	4 seasons	Juniper Open	Juniper Open	<b>Location</b>	Kaskantyú	Bócsa	Pirtó	Pirtó	<b>Afternoon</b>	Control-picking training	Small loops			<b>Location</b>	Kaskantyú	Bócsa		
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	Difficulty levels: <b>A</b> -> 8-10 km <b>B</b> -> 6-8 km <b>C</b> -> 3-5 km <b>D</b> -> 2-3 km (beginner)																									
	Control punching will use the SportIdent system.																									
REGISTRATION	<b>Deadline: 02.02.2026.</b> Register by email: <a href="mailto:runneca@gmail.com">runneca@gmail.com</a>  Please include the following information: name, SI card number, club, country, difficulty level, which trainings you will attend.																									
FEES	<b>Training fee:</b> 4 eur/person/training																									
RECOMMENDATION	On 21–22 February 2026, the <b>Spring Juniper Open</b> will be held in Pirtó, offering an excellent racing opportunity as the finale of the training camp.  Race invitation: <a href="http://www.astrois.hu/boroka-tavasz/2026/en_invit.html">http://www.astrois.hu/boroka-tavasz/2026/en_invit.html</a>																									

Further details will be provided in the bulletin.

We warmly welcome everyone! 😊